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Research Article Vision-Integrated Physiotherapy Service Robot Using Cooperating Two Arms

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Abstract: This study present the mechanical architecture, control system and other modules of a physiotherapy service robot which can treat degenerative disease and chronic disease of middle-aged and aged people by Chinese massage skill. The main body of the robot includes a massage adjustable bed, two 4-DOF robot arms and two massage hands that can accomplish various massage manipulations. Two arms cooperate to improve the massage efficiency and provide sufficient strength and enough reachable workspace for massage. The main control system is based on embedded module and the manipulators are controlled by a TRIO multi-axes motion controller. Physiological signal and massage pressure is detecting in real time in massage process to ensure a scientific and safe therapy. Vision System sends the recognized acupoint position to the master system to track the patient's body and the acupoint being massage is displayed in real time by the 3D virtual model. The robot can execute ten massage manipulations, which make traditional Chinese massage can have a robot instead. The effectiveness for degenerative lumbago in middle-aged and aged is demonstrated by laboratory examination and clinical trial.

Keywords: Acupoint recognition, motion control, physiotherapy robot

INTRODUCTION

Physiotherapy service robot is one of the service robots, which is developed for the clinical requirement of physical therapy and health care of degenerative disease and chronic disease of middle-aged and aged people. Physical therapy, e.g., massage, has a long history in China, but massage clinical treatment, a physical labor with strong intensity, is still made by experienced masseuse in hospital nowadays. There are some instruments simulating massage manipulations in the market right now, such as massager and massage chair, which can make a role of relaxing, care and eliminating fatigue, rather than treating diseases.

The massage manipulations of pinching were realized firstly (Kume *et al.*, 1996) and some researcher of Toyohashi University of Technology, presented a four-fingers massage hand with pressure sensors, which was able to create the movement and force of robot to behave as similar as the human's massage (Minyong *et al.*, 2006).

A control strategy of the similar professional masseur's process was proposed. The appropriately impressed force is decided depending on the estimated elasticity and the decided impressed force is realized by the impedance control (Tatsuya *et al.*, 2007). Other people in Japan, have succeeded in developing the Waseda-Asahi oral-rehabilitation robot, which is composed by two six-degrees of freedom arms with

plungers attached at their end-effectors (Koga *et al.*, 2007). A massage robot tapping human backs has also been developed, which is composed of a chair, a 1-DOF (Degree-Of-Freedom) torso, monitor face and two 3-DOF arms and hands (Chul-Goo *et al.*, 2007). All of above researches have realized some massage action, but have not make treatment plan according to acupoint.

In Taiwan, a relative new and feasible application of multi-fingered robot hands appeared except for the use as prosthesis and grasping applications (Luo et al., 2009). And the Surface Electromyographic Signals (EMS) measured from the trapezius muscles before and after the massage therapy are analyzed. But, they only EMS rather than more representative used Electrocardiograph(ECG) etc. In China, researchers presented a finger-kneading manipulation model based on pain threshold and a hybrid force position control strategy and they used visual servo to track massage position (Hu and Lv, 2010). A parallel mechanism of 2-DOF realizing 1 translation-1 rotation with singleopened-chain as a unit was put forward (Yin and Xu, 2010). A new application of 7-DOF redundant manipulator was proposed to do the massaging work for human feet with the tactile sensor equipped to the endeffector (Jingguo and Yangmin, 2010). Above results are all theory research or laboratory products and therapeutic effects have not verified through clinical test.

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Fig. 1: Logic diagram of physiotherapy service robot

In this study, we propose a physiotherapy service robot system, developed by the technology of Chinese massage, modern machinery, computer, control and mechanical-electrical integration, which can execute ten massage manipulations of finger-/palm-kneading, finger-/palm-rolling, pressing, pushing, tapping on lumbar and pinching, vibrating, patting on lower limb. Clinical trial is performed to the robot at affiliated hospital of Shandong Traditional Chinese Medicine University. It allowed robot to replace human to do Chinese massage health care treatment, an ancient and meaningful work, so that the situation that health care resources are limited and an aging population structure society becomes more and more serious is effectively improved.

MATERIALS AND METHODS

System overview: We have developed two models of physiotherapy service robot, whose names are JZMR-I and JZMR-II. JZMR-I and JZMR-II have the same logic structures. JZMR-II builds an optimization model to improve JZMR-I on size, mechanism, the number and DOF of robot arm and the structure of massage hand. The physiotherapy service robot system is composed of hoistable platform for massage, massage mechanical hand, two arms, acupoint recognition and positioning model, physiological signal detection model, motion control model and 3-D virtual-reality model. The remaining parts of the paper will give out every part respectively. Figure 1 shows the logic diagram of physiotherapy service robot.



Fig. 2: Main body of JZMR-I robot

Main body: The main body, also called massage platform, of JZMR-I robot is 2300 mm long, 1000 mm wide and the height of the massage bed can adjust in the range of 715-870 mm. Both right and left robot arm can move respectively, On the Y axis direction of movement distance to reach 900 mm, Y axis direction to reach 1900 mm and Z axis to reach 300 mm. Rotating arm can rotate around the Z axis with the rotation range $\pm 60^{\circ}$. The main body of JZMR-I robot is shown in Fig. 2.

In order to enhance the adaptability of space, JZMR-II robot reduced its size with 1900 mm long, 550 mm wide and the height of the massage bed is 500 mm.

Robot arm: The robot arm architecture of JZMR-I robot combines rectangular type and joint type. Two arm work together compromising series structure and parallel structure because massage is a work that needs enough stiffness and accuracy. The robot arms mainly include three parts of horizontal movement mechanism, vertical movement mechanism and the deep movement mechanism and the horizontal movement mechanism and vertical movement mechanism both are rectangular type. The greatest motion range of horizontal movement mechanism is 900 mm and its highest speed can be up to 300 mm/s. The greatest motion range of vertical movement mechanism is 300 mm and its highest speed can be up to 80 mm/s. While what the deep movement mechanism used is joint type mechanical structure with two axes named R1 and R2. The greatest motion angle of R1 is 150° and its highest speed can be up to 50°/s. The greatest motion angle of R2 is 270° and its highest speed can be up to 50°/s. The motion range of robot arm is shown in Fig. 3.

The architecture of JZMR-II robot changed greatly. A gantry structure driven by X-axis robot arm is



Fig. 3: Motion range of robot arm

adopted. Another joint type robot arm that can rotate in a horizontal plane within the range of 270° is equipped on the gantry.

Massage hand: A massage equipment that named massage hand by us is installed on the bottom of robot arm, which can execute Chinese massage imitating human. The massage hand can independently execute the massage manipulations of tapping, pinching, vibrating and patting. The maximum force of pinching motor is 70 N and the maximum force that palm and roller of massage hand can bear is 190 N. The over-all structure of robot arm and hand is shown in Fig. 4 and 5 shown the structure of robot hand and the distribution of motors in it.

MOTION CONTROL SYSTEM

Functions of motion control system: The main function of motion control system is analyzing the command received from main control system by Ethernet and controlling the movement of each axis on the robot arm. With the posture adjustment for massage hand, the movement of robot arm can locate the point do different massage coordinated and manipulation. On the other hand, some state parameters, including the values of each pressure sensor, the running statuses of robot arm and robot hand and the trigger state of limit switches, etc, are sent to main control system by motion control system. The motion control system can continuously and smoothly move the robot hand to target point (any point in the massage space) whose coordinate is received from the main control system and execute the massage manipulation.

Composition of motion control system: The core component of the motion control system is TRIO464 programmable multi-axis controller and 13 axis driving



Fig. 4: Structure of the massage hand



Fig. 5: Diagram of motion control system

interfaces, 32 digital I/O channels and 10 analog signal input channels are provided with the cooperation of 4 extension modules of P874, P879, P325 and P316. All joints of the robot arm are driven by Panasonic servo motor that can provide accurate displacement and speed control, while the motors in robot hand are common DC motor except for the MAXON servo motor on the wrist. All of 8 servo motors are driven by PMAC and every servo motor has an encoder fed back to its driver, while all of 11 common DC motors are driven by PIC single chip processor.

Positive and negative limit switches installed for all axes and software limiting is provided, which to ensure the movement of the robot arm in a safe range.

At the same time, the motion control system can send real-time pressure data to main control system by the 10 sensors equipped on the thumb, palm, roller, finger array and wrist of the robot hand, so the main control system can adjust the massage force to insure people can bear, then the security is enhanced. The diagram of motion control system is shown in Fig. 5.

PHYSIOLOGICAL SIGNAL DETECTING SYSTEM

The physiotherapy service robot needs the realtime physiological signals of the massaged man,



Fig. 6: Conceptual architecture of ECG Module

including blood pressure, sphygmus, ECG, etc. The physiological signals can help the robot to judge whether the massage force is suitable and whether the process is appropriate for going on. As the massage in process, the physiological signals are also captured and displayed on the screen of the main control console as some curves, so the change rule can be shown conveniently. And the expert system will analyze these data to get the accurate characteristic and guide the massage of the robot thereby.

Conceptual architecture of the module for ECG signal acquisition is shown in Fig. 6: analog signal acquisition with electrodes, signal amplification, signal processing with a band-pass filter and analog to digital signal conversion. There are three types of electrodes, called wet, dry and insulated or capacitive electrodes, which are also used to capture other biosignals, such as EMG, EEG, etc. Wet disposable electrodes are nowadays prevailing in use. These are also used in our service robot.

ACUPOINT RECOGNITION AND POSITION SYSTEM

The form of acupoint recognition and position system: The robot had no good effect unless the point massaged is the accurate acupoint. The original coordinates of the acupoints are got by teaching as an expert physician moves the robot arm by a control stick. But the coordinates are not invariable because the patient would move his body inevitably when being massaged. The effect of massage will be decreased if the robot goes on massage according to original coordinates. So we designed a vision system to recognize and locate the acupoint. Some red marks are stuck on the acupoint of the patient and a camera will capture the image and processing it to get the positions of the marks. The system can judge whether the body is moved by comparing two adjacent images so the dynamic tracking for acupoint is realized.

The rectangular region that the robot hand can reach is 1900 mm×900 mm, while the actual massage region is less than 1500 mm×500 mm because the massaged positions are all on back, waist and legs. We hope the tracking error less than 2 mm, but we must make the error less than 1 mm in theory to allow for random errors caused by many interference factors. Comparing the massage region with the tracking accuracy, a conclusion can made that the corresponding actual object for one pixel of the image captured by the camera should be less than 1mm. After investigation, we select the uEye series industrial camera made by IDS Company in German, which is equipped with a very sophisticated high-speed CMOS sensor (resolution ratio of 1600×1200). The corresponding object for one pixel is 0.218 mm using the uEye camera with a 5 mm lens. The camera can continuously shoot at the speed of 18 frames per second, that is, each shooting interval time is about 55 ms, which meets the project's requirements.

Acupoint detection: In order to facilitate matching, we choose the circular mark. The color of marks can be any, then the first work after acupoint detection

program starting is to get the RGB value of the marks. After the marks fixed on the body, take an image and find the marks and right click on any position of the marks, then the coordinate and RGB value of the pixel are recorded. But if we take a number of pictures even for the same color, each of the RGB value will be slightly different, especially in the case of the light is not strong enough. So a certain threshold of the RGB value is set to Increase the probability of captured the marks.

Some image preprocessing, such as filtering noise and image enhancement, must be make beforehand. The commonly spatial adaptive noise filter can reduce the noise effectively, but at the same time leads to the loss of a large number of image edge detail information. By synthesizing multi-scale structural element in sharp method of morphology, we can sharpen the detailed edges of image. Then, erode the prior edges with multiple morphological structuring elements to obtain only one response to a single edge, or at least a fixed small number of responses and remove noise.

Coordinate transformation: The origin for image from camera is the upper-left corner and the y-axis positive direction is from left to right, while the x-axis positive direction is from top to bottom. There are 2 ways to get the z coordinate value of acupoint. One of the ways is teaching the coordinate value, that is, keep the robot hand moving down to the patient's body until it has touched the acupoint, then record the x-y-z value. The other way is measure the z value by a camera mounted on the side of the massage bed. But in practice, we can stick the marks on the back of the patient and make them as far as possible in the same plane, so the z coordinate value can be ignored.

The values in the recognition coordinates should be transformed into the motion coordinates. The relation of the two coordinates is shown in Fig. 7.

The coordinate frame is robot motion coordinate frame, defined as A coordinate frame, while coordinate frame is image frame, defined as B coordinate frame. Because we ignore the change of z coordinates, B coordinate frame can be described as the result of a series of transformation from A: rotation θ about z axis, then translation a about x axis and translation b about y axis.

So we can get the homogeneous coordinate transformation matrix of coordinate frame A to coordinate frame B shown as formula (1):

$${}^{A}_{B}T = \begin{pmatrix} {}^{A}_{B}R & {}^{A}P_{BO} \\ 0 & 1 \end{pmatrix} = \begin{pmatrix} R(z,\theta) & {}^{A}P_{BO} \\ 0 & 1 \end{pmatrix}$$
(1)

In formula (1), ABR is the rotation transformation matrix and APBO is the translation transformation



Fig. 7: Coordinate transformation

matrix. So the homogeneous transformation matrix can write as formula (2):

$${}^{A}_{B}T = \begin{pmatrix} {}^{A}R & {}^{A}P_{BO} \\ \boldsymbol{\theta} & \boldsymbol{I} \end{pmatrix} = \begin{pmatrix} \boldsymbol{R}(z,\theta) & {}^{A}P_{BO} \\ \boldsymbol{\theta} & \boldsymbol{I} \end{pmatrix}$$
$$= \begin{pmatrix} \cos\theta & -\sin\theta & 0 & a \\ \sin\theta & \cos\theta & 0 & b \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$
(2)

In formula (2), θ , b and a can get by measure. So, there is a way to go from the image coordinates to the motion coordinates. If the coordinates of a mark in B is BP, the coordinates in A, written as AP, can be calculated out by formula (2).

MAIN CONTROL SYSTEM

The form of main control system: The main control system is the controlling and processing core of the whole robot system and as the same time it is the direct access to learn the work state and work result of the robot. The following list contains functions of the main control system: scheduling the massage tasks, planning the massage actions, controlling the massage motion, exception handling and man-machine interaction. The main screen of the main control system also displays the physiological signals of the massaged man and the state of the massage platform and other parts of the robot. The main control system sends commands received from operation staff to the motion control module and others. The main control system can be partitioned to 8 parts of module of communicating with motion controller, module of teaching controlling, interface module of physiological signals, interface module of acupoint recognition and position, module of 3D virtual reality, interface module of robot state and massage alarm. expert system, management information module of the patient.

The main control system works as a DCS, with higher extendibility and reliability, to make every module cooperating with each other used the network of CAN and Ethernet. It controls the movement trajectory of robot hand according to the command from the control stick of the teaching module so the robot can record the positions of the reference points. The positions recorded can be update in real time by the vision position system.

An embedded PC module with an ultra low power processor of Intel Pentium M, is adopted by the main control system. A Windows XP OS is installed and the support for PS/2, USB, RS-232 devices is provided. The software is developed by Visual Studio 2005 and SQL SERVER 2005 is running as the database management system.

Communication interface for motion controller: The main control system sends command of massage operation with TCP/IP-based communication to multiaxis controller to control the corresponding motors. The communication must be reliable, because that, in any case, the communication can not be interrupted, otherwise, it will cause the fatal accident. So connection-oriented socket is adopted. The multi-axis controller made by TRIO is equipped with a TCP Server allowing multi-threading. When powered on, the TCP Server will start to listening 502 port to waiting for connection requests from client application. The main control system will create a TCP Client trying to connect to the TCP Server during startup. A socket communication stream is built as the TCP Server accepted the connection request.

The internal storage space of TRIO controller is divided into two kinds named Table and Var. If you want to send command to the TRIO controller, you can write to the corresponding Table. Likewise, if you want to know the state parameter of the TRIO controller, just read the corresponding Table. The instruction for read and write to Table can find from the user guide provide by TRIO and what we need to do is making these instructions into TCP data packet.

Visual Positioning Module Interface: Visual positioning subsystem is the basic part of physiotherapy service robot and the precondition for guaranteeing normal massage performance. The position of human body is analyzed by the visual system through the collected image, the Fig and the position of some key parts are determined according to the outline and then the acupoints on body are located for massage according to TCM acupoint identification method.

Visual positioning subsystem runs as a separate process, thus communication problems with the main control system are involved. There are many communication modes among the inter-processes, commonly as shared memory, named pipe, anonymous pipe, messaging and other methods which can be used to complete the task directly. In addition, inter-process data communication task can be achieved indirectly through socket port, configuration file, registry and etc. The above methods have their own advantages and disadvantages, the method of excluding configuration file and registry can be used to solve fast switching problem of big data volume in process This system applies Windows WM_COPYDATA message to realize the communication.

CAN interface: Robot system needs to be connected in a CAN bus network with teaching operating handle, blood pressure measurement module and pulse measurement module communication, since embedded PC of Intel Pentium M processor adopted by main control system doesn't have CAN communication interface, so we adopt the CAN to convert to RS-232, to use computer RS-232 bus to communicate with these equipments, it only needs to connect a CAN-RS232 mutual-conversion module to RS-232 interface of embedded PC.

NET Framework 2.0 class library includes important "SerialPort" class for controlling serial port, which conveniently achieves required various functions of serial communication. This class provides synchronization I/O and event-driven I/O, visit to base pin and interrupted state and visit to the property of serial driver.

CONCLUSION

The design process of physiotherapy service robot prototype is introduced in this study, a massage hand which can integrate many massage skills is designed for this service robot and high safety new massage robot body mechanism is designed to achieve 10 typical TCM massage manipulations. Massage process can be adjusted according to real-time physiological signal and feedback from acupoint identification system, but the cost of this prototype is quite high, in order to promote the industrialization of massage robot, how to reduce cost of mechanical structure and control system needs to be considered. In addition, freedom degree of mechanical arm could be increased to achieve massage manipulation flexibly. Clinical course also found that teaching process is very long, so it could be improved to visual system teaching method, which would greatly improve efficiency.

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